

To avoid delays for all patients undergoing an X-ray or MRI, the department aims to reduce the number of patients who need to undress for their X-ray. This advice sheet has been developed to provide guidance on what to wear when attending your appointment.

It would be useful if you could wear the following clothing when attending for your X-ray or MRI.

X-ray of the pelvis or hip

Please wear loose fitting clothing without any zips, buckles, belts, girdles or buttons across the pelvis area. This type of clothing can be left on during the X-ray. Please make sure there are no coins or metal objects in the pockets and check for metal rings on the waistband of outfits with tie strings.

X-ray of the back (includes thoracic and lumbar region)

Please wear clothing without metal buttons or zips down the centre of the back, or logos on the front or back of the shirt. If applicable, please do not wear a bra with metal fastenings or girdles. Skirts, tracksuit bottoms, sports bras without metal fastenings and shirts can all be left on during the X-ray.

X-ray of the neck (cervical region)

Please wear clothing without metal buttons or zips around the collar of the shirt, or jacket. If applicable, please do not wear a bra with metal fastenings and jewelry. Sports bras without metal fastenings can be left on during exam. No necklaces or earrings. Please leave all jewelry at home.

X-ray of the leg (to include knee, femur, tibia and fibular)

If possible please wear shorts or extremely baggy trousers. A skirt is also acceptable. Please note that if you wear jeans, these will need to be removed for the X-ray due to the thickness of the material. No cargo shorts.

X-ray of the shoulder (to include shoulder, humerus, and clavicle)

Please wear clothing without logos, buttons, snaps, zippers, heavy imprinted decorations or designs with glitter. If applicable, please do not wear a bra with metal fastenings. You may wear a sports bra without metal fastenings under the shirt.

X-rays cannot be performed if there is any metal in the region under investigation. Please leave all jewelry (watches, rings, necklaces, bracelets, anklets, toe-rings, ear-rings, belly-button rings) at home.